

Comanaging LASIK Post Operative Care Guide

Recommended post op visits:

- Post Op Day 1
- Post Op Week 1
- Post Op Month 2
- Post Op Month 6 (Final Post Op)
- 9-12 Months after surgery -resume routine annual eye care visits.

Post Op Day 1: at MEI Office or Referring OD office

- VA sc operative eyes-
 - If va target is distance OU-check vision sc at distance OU
 - If va target is blended or mono va OU-check vision sc at distance OU and near OU
- SLE-
 - normal to see some corneal edema and sub conj heme – no intervention required
 - normal to see trace striae as long as its not blurring vision-no intervention required
 - normal to see blood under flap as long as not blocking vision-will resolve w/o intervention
 - normal for pts to notice a 'haze' or 'glare' around lights for a few weeks (this is typical healing process from having laser)
 - normal for pts to experience some dryness -they should return to baseline after approx. one month post op

Fax report to MEI for surgeon review: efax 713-580-2507

Post Op Week 1 / Post Op Month 1 / Post Op Month 4-6 (final post op visit)

- VA sc operative eyes-
 - If va target is distance OU-check vision sc at distance OU
 - If va target is blended or mono va OU-check vision sc at distance OU and near OU-
 - Auto K's/Auto Refraction/Manifest operative eyes-if not 20/20 or not happy
- SLE
- Corneal Topography of operative eye(s)
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Tips for successful LASIK comanagement:

- Counsel pts regarding expected post op symptoms
- Encourage PF ATs, even if their eyes don't 'feel' dry
- Do not recommend enhancement for residual rx for myopic LASIK until 3 months post surgery
- Do not recommend enhancement for residual rx for hyperopic or mixed until 6 months post surgery
This allows rx to stabilize and eyes to heal, especially high plus rx and high astigmatism rx
- Don't hesitate to reach out to your patient's surgeon or your physician liaison for any concerns or questions- we are all here for you and your patients.