

# CATARACT MEDICATION INSTRUCTIONS

**Surgical Eye(s)**

○ = 1 Drop

## After Surgery

**Pred-Gati-Brom** → Instill 1 drop four times a day in the surgical eye(s) day of surgery and taper as follows.

	<b>1<sup>st</sup> Week</b>	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>	<b>Day 5</b>	<b>Day 6</b>	<b>Day 7</b>
4X a day	Pred-Gati-Brom	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○
	<b>2<sup>nd</sup> Week</b>	<b>Day 8</b>	<b>Day 9</b>	<b>Day 10</b>	<b>Day 11</b>	<b>Day 12</b>	<b>Day 13</b>	<b>Day 14</b>
3X a day	Pred-Gati-Brom	○○○	○○○	○○○	○○○	○○○	○○○	○○○
	<b>3<sup>rd</sup> Week</b>	<b>Day 15</b>	<b>Day 16</b>	<b>Day 17</b>	<b>Day 18</b>	<b>Day 19</b>	<b>Day 20</b>	<b>Day 21</b>
2X a day	Pred-Gati-Brom	○○	○○	○○	○○	○○	○○	○○
	<b>4<sup>th</sup> Week</b>	<b>Day 22</b>	<b>Day 23</b>	<b>Day 24</b>	<b>Day 25</b>	<b>Day 26</b>	<b>Day 27</b>	<b>Day 28</b>
1X a day	Pred-Gati-Brom	○	○	○	○	○	○	○

**PLEASE USE PRESERVATIVE-FREE ARTIFICIAL TEARS AT LEAST EVERY HOUR WHILE AWAKE FOR THE FIRST 2-3 DAYS AND AS NEEDED FOR DISCOMFORT.**

**IMPORTANT: PLEASE WEAR SHIELD AT BEDTIME FOR TWO WEEKS.**

If you have any questions, please feel free to contact us at **713-580-2500**

For after hours **EMERGENCIES**, you may contact your surgeon directly:

**713-256-4831**

**Dr. Mike Mann**

## Post Op Instructions

- Do not rub your eye vigorously for 1 month after surgery.
- Normal activities are fine as long as you do not hold your breath.
- No swimming for 1 week.
- Do not wear eye makeup for 3 days with soluble mascara or for 1 week if non-soluble mascara.
- You can take a shower tomorrow, (keep your eyes shut while washing your face).
- Wear your shield while sleeping (for 1 week).
- Polarized sunglasses are recommended when outside.
- Use eye drops as instructed and continue any previously prescribed eye drops; for example, cataract drops. Resume all regular medications.
- You may use preservative free artificial tears for dryness or discomfort as often as needed. Please wait 3 minutes before or after using postoperative eye drops.

**PLEASE USE PRESERVATIVE FREE ARTIFICIAL TEARS AT LEAST EVERY HOUR WHILE AWAKE FOR THE FIRST 2-3 DAYS AND AS NEEDED FOR DISCOMFORT.**

- Your surgeon may request for you to use Hydroeyes vitamins and Restasis or Xiidra twice a day.
- While healing your vision may be blurry for several days but, should gradually improve daily.
- You must call immediately if any of the following occurs:
  1. You get a headache that is not relieved by over-the-counter pain relievers, such as Tylenol or Ibuprofen.
  2. You have a steady flow of tears that does not stop.
  3. Pain with movement
  4. Sudden loss or sudden clouding of vision
  5. Flashes and Floaters

Return for post-operative appointment tomorrow in \_\_\_\_\_ @ \_\_\_\_\_ :

• \_\_\_\_\_  
Patient or Responsible Party Signature Date