

CATARACT MEDICATION INSTRUCTIONS

Surgical Eye(s)

○ = 1 Drop

After Surgery

Pred-Gati-Brom → Instill 1 drop four times a day in the surgical eye(s) day of surgery and taper as follows.

	1 st Week	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
4X a day	Pred-Gati-Brom	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○
	2 nd Week	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
3X a day	Pred-Gati-Brom	○○○	○○○	○○○	○○○	○○○	○○○	○○○
	3 rd Week	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
2X a day	Pred-Gati-Brom	○○	○○	○○	○○	○○	○○	○○
	4 th Week	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
1X a day	Pred-Gati-Brom	○	○	○	○	○	○	○

PLEASE USE PRESERVATIVE-FREE ARTIFICIAL TEARS AT LEAST EVERY HOUR WHILE AWAKE FOR THE FIRST 2-3 DAYS AND AS NEEDED FOR DISCOMFORT.

IMPORTANT: PLEASE WEAR SHIELD AT BEDTIME FOR TWO WEEKS.

If you have any questions, please feel free to contact us at **713-580-2500**

For after hours **EMERGENCIES**, you may contact your surgeon directly through our emergency hotline:

832-416-7340

Dr. Paul Mann



Post Op Instructions

- Do not rub your eye for 1 month after surgery.
- Do not strain or do any heavy lifting for 2 weeks.
- Do not wear eye makeup for 1 week.
- You can take a shower tomorrow, (keep your eyes shut while washing your face).
- Wear your shield while sleeping (for 2 weeks).
- Polarized sunglasses are recommended for all outside activities during the day.
- Use eye drops as instructed and continue any previously prescribed eye drops; for example, cataract drops. Resume all regular medications.
- You may use preservative free artificial tears for dryness or discomfort as often as needed. Please wait 3 minutes before or after using postoperative eye drops.
- **PLEASE USE PRESERVATIVE FREE ARTIFICIAL TEARS AT LEAST EVERY HOUR WHILE AWAKE FOR THE FIRST 2-3 DAYS AND AS NEEDED FOR DISCOMFORT.**
- While healing your vision may be blurry for several days but should gradually clear up within a week.
- Please call with any questions or concerns 713-580-2500.
- You must call immediately if any of the following occurs:
 1. You get a headache that is not relieved by over-the-counter pain relievers, such as Tylenol or Ibuprofen.
 2. You have a steady flow of tears that does not stop.
 3. Pain with movement
 4. Sudden loss or sudden clouding of vision
 5. Flashes and Floaters

Return for post-operative appointment tomorrow in _____ @ _____:_____.

- _____
Patient or Responsible Party Signature
- _____ Date